## Shepherd School District #37 MARCH LUNCH MENU 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Meatball Subs	Macaroni & Cheese	<b>Pulled Pork Sandwich</b>	<b>Roast Beef and Gravy</b>	Chicken Fajitas
5 Star Salad Bar	Chicken Strips	5 Star Salad Bar	Mashed Potatoes	5 Star Salad Bar
Fruit	Baked Beans	Fruit	5 Star Salad Bar	Fruit
MILK - Variety	5 Star Salad Bar	MILK - Variety	Fruit	MILK - Variety
	Fruit		MILK - Variety	_
	MILK - Variety			
10	11	12	13	14
Oven Fried Chicken	Soft Shell Taco	Pizza Sticks	<b>Biscuits and Gravy</b>	Grilled Cheese Sandwich
5 Star Salad Bar	5 Star Salad Bar	5 Star Salad Bar	5 Star Salad Bar	Tomato Soup
Fruit	Fruit	Fruit	Fruit	5 Star Salad Bar
MILK - Variety	MILK - Variety	MILK - Variety	MILK - Variety	Fruit
				MILK - Variety
17	18	19	20	21
Chicken Nuggets	Ham Sandwich	Baked Spaghetti	Chrispitos	Sweet and Sour Chicken
5 Star Salad Bar	5 Star Salad Bar	Bread Sticks	5 Star Salad Bar	Rice
Fruit	Fruit	5 Star Salad Bar	Fruit	Egg Rolls
MILK - Variety	MILK - Variety	Fruit	MILK - Variety	5 Star Salad Bar
		MILK - Variety		Fruit
				MILK - Variety
24	25	26	27	28
Pizza Cheese	Nacho Surprise	<b>Chicken Patty Sandwich</b>	Corn Dogs	French Toast Sticks
Pepperoni Pizza	5 Star Salad Bar	Fruit	5 Star Salad Bar	Sausage Links
5 Star Salad Bar	Fruit	5 Star Salad Bar	Fruit	Hash Brown
Fruit	MILK - Variety	MILK - Variety	MILK - Variety	5 Star Salad Bar
MILK - Variety				Fruit
				MILK - Variety
31				
Pork Chop Sandwich				
5 Star Salad Bar				
Fruit				
		1	1	1

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient. \* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.